



INSTRUCTIONS:

To make your appointment go as quickly and smoothly as possible please:

- 1) Print these pages (this instruction page and the four pages that follow).
- 2) Fill out the Confidential Patient Information Form and sign.
- 3) Fill out the General Health History Forms with any and all past history.
- 4) If the appointment is for a minor, please read the *Consent to Treat Section* carefully and sign.
- 5) Please call with any questions you may have regarding completion of this packet. This will help to speed up your appointment.

Thank you for choosing Committed to Health Chiropractic Center for your health needs.

Committed to Health Chiropractic Center

CONFIDENTIAL PATIENT INFORMATION FORM

Date: _____ [] M [] F

Name: _____ Date of Birth: ____/____/____ Age: _____

Street: _____ City/State/Zip: _____

Home#: _____ Cell#: _____ Social Security #: _____ - _____ - _____

Email: _____ Single Married Widowed Separated Divorced

Spouse Name: _____ Spouse Employer: _____

Emergency Contact (if other than spouse): _____ Daytime Phone: _____

Name of Parent/ Guardian (if under 18): _____ Work Phone: _____

Employer: _____ Occupation: _____ Work#: _____

Whom may we thank for referring you to us? _____

Information provided is confidential and cannot be released or sold to a third party without prior consent

Preferred Contact for Appointment Alerts: Text Msg Email Call Cell Call Home Call Work

Preferred Contact for Special Events/Discounts: Text Msg Email

IS THIS VISIT RELATED TO A:

- | | | |
|--------------------------------------------------------|-----------------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Work Related Injury | <input type="checkbox"/> Motorcycle-Bicycle Injury | <input type="checkbox"/> Home Injury |
| <input type="checkbox"/> Sports or Recreational Injury | <input type="checkbox"/> Non-Injury Symptoms | <input type="checkbox"/> Check-up Only |
| <input type="checkbox"/> Car Crash Injury | <input type="checkbox"/> School/Employment Physical | <input type="checkbox"/> Other (Describe): |

INSURANCE INFORMATION

| | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| Does your insurance cover Chiropractic treatment? | <input type="checkbox"/> Yes, <input type="checkbox"/> No If yes, we need a copy of the card |
| If yes, indicate Insurance Company Name. | Carrier Name: _____ |
| If you are being seen for a work related or car accident injury we need the Claim Number and the Claims Adjusters Name. If unknown, be certain to let the front desk staff know. | Address: _____ |
| | Telephone: _____ |
| | Claim Number: _____ |
| | Claim Adjusters Name: _____ |
| Are you the: | <input type="checkbox"/> Insured, <input type="checkbox"/> Dependent of the insured (spouse or child) |
| If you are the insured persons dependent (spouse or child), we need the insured persons name, date of birth, social security number in order to do the billing. | Name of Insured: _____ |
| | Social Security #: _____ |
| | Date of Birth: _____ |
| What is your co-payment amount for each visit? | \$ _____ |
| What percentage does your insurance pay? | Percentage (%): _____ |
| What is your insurance deductible amount each year? | \$ _____ |

Our office will provide insurance billing services for you if you so desire as a courtesy. *Remember that you are ultimately responsible for any charges incurred in this office. It is your responsibility to pay any deductible amount, co-insurance, and or any other balances not paid by your insurance carrier. Your signature on this document indicates that you agree to pay for any outstanding bills incurred in this office.*

IN ORDER TO KEEP OUR OFFICE OVERHEAD DOWN AND KEEP OUR PATIENT FEES REASONABLE, WE EXPECT PAYMENT AT THE CONCLUSION OF EACH TREATMENT FOR CASH PATIENTS AND THE CO-PAYMENT FOR REGULAR INSURANCE PATIENTS.

Signature of responsible party (Patient or Parent): _____ Date: _____

Patient Name: _____

GENERAL HEALTH HISTORY

Patient Condition:

Describe the major complaints that brought you to our office: Headaches/Migraines Neck pain/stiffness
 Upper back pain/stiffness Mid-back pain/stiffness Low back pain/stiffness
 Shoulder / Elbow / Wrist / Hand pain Numbness/tingling down: Arm / Leg
 Hip / Knee / Ankle / Foot pain/stiffness Other: _____

Approx. when did your complaint begin? Gradually / Suddenly ____/____/____ Time ____:____ AM PM
What caused it? _____

My pain is: [] Forgotten with Activity [] Noticeable but Able to Continue Activity [] Prevents Certain Activities

Activities that are difficult/ painful to perform: [] Sitting [] Standing [] Walking [] Lying Down
[] Bending [] Turning [] Twisting

Does it affect your: [] Work [] Sleep [] Recreation [] Daily Routine

Has there been any change in the following since the onset of your complaint: [] No Change to Any of These

[] Balance [] Coordination [] Grip [] Weakness [] Breathing [] Low grade fever
[] Hearing [] Vision [] Digestion [] Weight [] Menstrual [] Coughing
[] Sneezing [] Urination [] Bowel Habits [] Sexual

Past Medical History:

Has this condition occurred before? [] Yes [] No If yes, describe: _____

Have you seen another doctor for this condition? [] Yes [] No Who? _____

Treatment Received [] Medication [] Surgery [] Physical Therapy [] Chiropractic [] Other: _____

Have you ever been to a Chiropractor before for any other condition? [] Yes [] No Who? _____

Current Family Physician: Dr. _____ Phone: _____ Date of last visit? _____

May we communicate with your family doctor about your diagnosis / treatment / progress in our office? [] Yes [] No

When is your pain usually better?

[] Morning [] Afternoon [] Evening
[] During Sleep Hours [] Lying Down Flat [] Standing
[] Walking [] Sitting [] Rest
[] Stress (mental) is less [] Good Posture [] Exercise/Stretching

Prior Injury or Musculoskeletal Pain History: [] I have no history of previous painful injury or pain.

If you have had prior injuries or pain, please check below:

[] Work Injury [] Fall [] Sports Injury [] Lifting Injury [] Car accident
[] Motorcycle Injury [] Bicycle Injury [] Pedestrian Injury [] Other Injury [] Headaches/Migraines
[] Neck/Arm Pain [] Middle Back Pain [] Low Back/Leg Pain [] Other Pain _____

Review of Systems: (Please circle any condition you are currently experiencing.)

| | | | | | |
|-------------------------|----------------|----------------|-----------------|----------------------|-------------|
| Constitutional: | Fever | Weight Loss | Weight Gain | Chills | Other _____ |
| Neurologic: | Headache | Dizziness | Memory Loss | Numbness | Other _____ |
| Eyes: | Glasses | Contacts | Double Vision | Blurriness | Other _____ |
| Ears/Throat: | Deafness | Ringing Ears | Hoarseness | Swallowing | Other _____ |
| Cardiac: | Chest Pain | Skip Beats | Rapid Beat | Edema/Ankle Swelling | Other _____ |
| Pulmonary: | Cough | Cough Blood | Short of Breath | Wheezing | Other _____ |
| Intestinal: | Diarrhea | Bleeding | Incontinence | Constipation | Other _____ |
| Urinary: | Burning | Bleeding | Incontinence | Increased Frequency | Other _____ |
| Musculoskeletal: | Pain | Weakness | Arthritis | Joint Swelling | Cane/walker |
| Skin: | Bruising | Lesions | Birth Marks | | Other _____ |
| Hematologic: | Bleeding | Transfusions | Hepatitis | | Other _____ |
| Psychiatric: | Depression | Insomnia | Fatigued | Nervousness | Other _____ |
| Miscellaneous: | Metal Implants | Claustrophobic | | | Other _____ |

Patient Name: _____

GENERAL HEALTH HISTORY-Page 2

Medical History: Do you have or have you had any of the following?

- | | | | |
|---------------------------------------------------------------------|--------------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------------------------------|
| Yes No | Yes No | Yes No | Yes No |
| <input type="checkbox"/> <input type="checkbox"/> Heart Attack | <input type="checkbox"/> <input type="checkbox"/> Heart Failure | <input type="checkbox"/> <input type="checkbox"/> Heart Valve | <input type="checkbox"/> <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> <input type="checkbox"/> Asthma | <input type="checkbox"/> <input type="checkbox"/> Pacemaker | <input type="checkbox"/> <input type="checkbox"/> Abnormal Rhythm |
| <input type="checkbox"/> <input type="checkbox"/> COPD (Lungs) | <input type="checkbox"/> <input type="checkbox"/> Emphysema | <input type="checkbox"/> <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> <input type="checkbox"/> Thyroid Trouble | <input type="checkbox"/> <input type="checkbox"/> Stroke | <input type="checkbox"/> <input type="checkbox"/> Aneurysm | <input type="checkbox"/> <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> <input type="checkbox"/> Reflux Disease | <input type="checkbox"/> <input type="checkbox"/> Liver Trouble | <input type="checkbox"/> <input type="checkbox"/> Hepatitis | <input type="checkbox"/> <input type="checkbox"/> Kidney Trouble |
| <input type="checkbox"/> <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> <input type="checkbox"/> Urinary Problems | <input type="checkbox"/> <input type="checkbox"/> Anemia | <input type="checkbox"/> <input type="checkbox"/> Bleeding Disorder |
| <input type="checkbox"/> <input type="checkbox"/> Blood Transfusion | <input type="checkbox"/> <input type="checkbox"/> Blood Clots | <input type="checkbox"/> <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> <input type="checkbox"/> Gout | <input type="checkbox"/> <input type="checkbox"/> Depression | <input type="checkbox"/> <input type="checkbox"/> Bipolar |
| <input type="checkbox"/> <input type="checkbox"/> Schizophrenia | <input type="checkbox"/> <input type="checkbox"/> Neuropathy | <input type="checkbox"/> <input type="checkbox"/> Alcoholism | <input type="checkbox"/> <input type="checkbox"/> HIV/Aids |
| <input type="checkbox"/> <input type="checkbox"/> Cancer | <input type="checkbox"/> <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> <input type="checkbox"/> Serious Injury | <input type="checkbox"/> <input type="checkbox"/> Are you pregnant? |

Please give details to those answered yes: _____

Previous Surgeries: If you have had any previous surgery, indicate type and when:

I have never had any surgical procedures.

| Surgery | Year | Surgery | Year |
|-------------------------------------------------------|-------|-----------------------------------------------------|-------|
| <input type="checkbox"/> Spine Surgery (neck or back) | _____ | <input type="checkbox"/> Appendix | _____ |
| <input type="checkbox"/> Disc Surgery (neck or back) | _____ | <input type="checkbox"/> Gallbladder/Stomach/Kidney | _____ |
| <input type="checkbox"/> Heart | _____ | <input type="checkbox"/> Cancer (any type) | _____ |
| <input type="checkbox"/> Tonsillectomy | _____ | <input type="checkbox"/> Rib/Collar Bone | _____ |
| <input type="checkbox"/> Head/Brain | _____ | <input type="checkbox"/> Hernia | _____ |
| <input type="checkbox"/> Shoulder/Arm/Leg | _____ | <input type="checkbox"/> Other _____ | _____ |

Are you taking any medications/ supplements? (Check any of the following that you are taking currently.)

I am not taking any medications/ supplements currently.

- Muscle Relaxants Aspirin Anacin Anti-inflammatory Tylenol Bufferin Narcotics for Pain
 Advil/Motrin Stroke Prevention Meds Heart Medications Birth Control Medications Other _____

Allergies: **I have no known allergies.**

I have the following allergies: _____

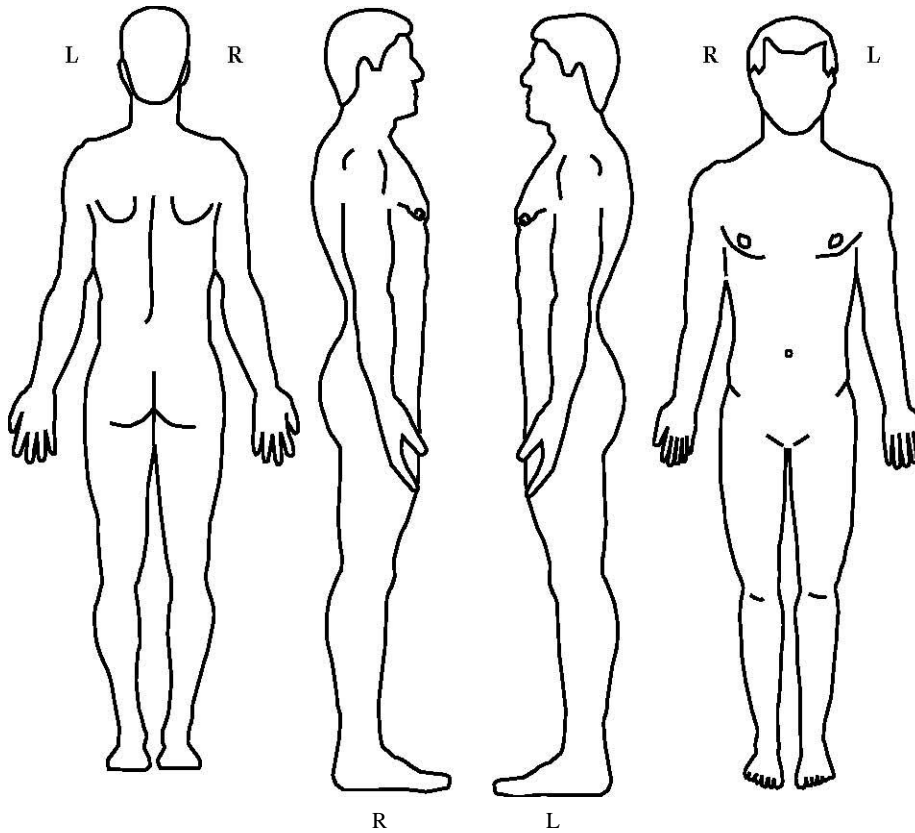
Family History: Please check any problems that run in your family.

- | | | | |
|----------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------------|
| Yes No | Yes No | Yes No | Yes No |
| <input type="checkbox"/> <input type="checkbox"/> Heart Attack | <input type="checkbox"/> <input type="checkbox"/> Heart Trouble | <input type="checkbox"/> <input type="checkbox"/> Asthma | <input type="checkbox"/> <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> <input type="checkbox"/> Stroke | <input type="checkbox"/> <input type="checkbox"/> Aneurysm | <input type="checkbox"/> <input type="checkbox"/> Gout | <input type="checkbox"/> <input type="checkbox"/> Kidney Trouble/Stones |
| <input type="checkbox"/> <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> <input type="checkbox"/> Arthritis | <input type="checkbox"/> <input type="checkbox"/> Alcoholism | <input type="checkbox"/> <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> <input type="checkbox"/> Cancer—if yes what type? _____ | | | |

Other: _____

Patient Name: _____

PAIN DRAWING



Mark as follows: A- Ache B- Burning N- Numbness P- Pins & Needles S- Stabbing O- Other-_____ Describe _____

Consent: I (or if I am the parent/ legal guardian of the patient seeking care) do hereby request and authorize Dr. Paul Hyland, Committed to Health Chiropractic Center, LLC, associates and/or assistants to perform examination and diagnostic procedures arising from the above described condition. I understand that they have the right to refuse to accept me (or said minor) as a patient at any time before treatment begins. The taking of a history, the conducting of a physical examination, and the performance of any diagnostic procedures, are not considered treatment, but are part of the process of information gathering so that the doctor can determine whether to accept me as a patient. Should examination reveal any special deficiency and I am accepted as a patient, I authorize Committed to Health Chiropractic Center, LLC, Dr. Paul Hyland, associates and/or assistants to administer any treatment that is necessary.

Print Name (Patient/ Parent/ Guardian) _____

Signature of Patient/ Parent / Guardian _____ Date: _____